

MMS - Frequently Asked Questions

Why am I taking MMS – what does it do? The prepared liquid, after drinking, slowly produces Chlorine Dioxide gas which is absorbed into the blood stream just like oxygen is absorbed from the lungs. Depending on the dosage, the gas then circulates in the blood stream for two to ten hours. The MMS gas, like a disinfectant, has the uncanny ability to destroy-by-explosion all bacteria, virus, parasites, fungus, yeasts, and other unwanted growths. This chemical has been an ingredient in house cleaning fluids for over 50 years. It was used to destroy Anthrax when ceilings and walls were washed down in government offices. Household examples can be seen here: <http://frontierpharm.com/index.php>

Jim Humble – the MMS inventor – pioneered this method of using Chlorine Dioxide in weakened slow-release form for internal use. Five years of testing on 75,000 human volunteers proved it was capable of destroying many killer viruses including malaria, TB, HIV, Hepatitis, and others. Even a common cold can be eliminated sometimes in one hour. Special benefits are claimed by doctors related to destruction of tumors (cancerous and non-cancerous) as well as the prevention of anaerobic cancer cell formation. Download Jim Humble's free book to review his experiences and claims. <http://jimhumble.biz/MMS-book1.pdf> See his bibliography for documentation.

Eye droppers come in various sizes. Does drop size matter? As shown WRONG in the photo, either the small dropper should be used to measure the acid and the MMS or the flip-lid on the Sodium Chlorite bottle can be used for the MMS drops provided you find an eye dropper of the same size for dispensing the acid. THE PHOTO SHOWS WHAT NOT TO DO. The two dropper sizes should be identical and not as shown. AGAIN: The MMS drops are supposed to be the same size as the acid drops. So, an initial 1-to-5 dose preparation would be to dispense one drop from the MMS flip-lid opening and five drops of the vinegar or lemon acid from AN EYE DROPPER OF THE SAME SIZE opening. In Jim Humble's book 2, chapter ten, page 2 he states that common round-end eye droppers are .125 in diameter. In other places he states that no less than the 5 to 1 acid ratio is required, but if extra acid is added by accident, it causes very little harm and does not diminish the MMS effectiveness.



I detect an odor when mixing the two ingredients. Is that normal? The dark bottle of Sodium Chlorite 28% solution should have virtually no odor. Then, when you mix for example 4 drops of MMS with 20 drops of citric acid or lemon acid, immediately the solution begins to give off Chlorine Dioxide which is a gas. It has a slight chlorine odor. GOOD – this indicates the MMS product is active and beginning to produce as expected. The odor kills germs floating in the air.

As you eventually increase dosage to 10 or 15 drops, the room odor may be undesirable. After swirling the mixture, some people set the cup outside for three minutes, or take it to another room. The odor is actually beneficial. Circulating in a room, the gas kills any invisible pathogens that may be in the air.



During the three minute wait, the two ingredients are finding each other, a process that takes three minutes. There's no need to induce nausea unnecessarily so three to five minutes of wasted gas venting makes the solution ready for weakening with purified water or juice or both, ready then to drink.

What's the shelf life of the dark bottle of Sodium Chlorite?

Sodium Chlorite is a salt. The dark bottle contains a 28% solution of the salt in distilled water. That's what was shipped to you in most cases. Similar to putting table salt in water, it lasts a long time. Sodium Chlorite in solution is not as stable as table salt so for longer shelf life consider storing the dark bottle in the refrigerator. Through personal testing, we know that a bottle of MMS remains good for four years on a dark shelf, and twice that long if refrigerated.

It's hard to find juice without Vitamin C additives. What juice makes the best mask?

You're right, Vitamin C is added to many things but in this protocol it quickly cancels the benefits of MMS. If you take vitamins, do it several hours after the MMS drink. You can find rather costly apple juice in health food stores that says "Pure, nothing added." Some people just add distilled water. Fine. Those who use citric acid as the activator will welcome apple juice as the masking agent. Citric acid is the best acid to use, but apple juice or pineapple juice in moderation can make it palatable. Avoid any vitamin C additives. Wait several hours after MMS before taking vitamins or other drugs or herbs. It would be better to only use water as the liquid, then follow it with one mouthful of prune juice or pomegranate juice. Some people just grab two peppermint lifesavers and suck on them after gulping down the MMS dose. If you add water, please note that the amount of water you add doesn't matter. Any amount is ok. The same amount of ClO₂ gas will be released regardless of whether you add a cup or a quart of water – provided you drink it all.

Why do some companies ship with differing directions? If dosage is important, shouldn't it be the same world wide?

It's true. One Canadian firm ships 6 ounce bottles with instructions stating that you should take a low dose every two hours and go no higher than 15 drops and with longer time between doses. Other sources state a day and evening dosage with 25 drops as the maximum. Depending on the supplier, instructions differ.

The various directions all produce a similar amount of the gas in the blood stream. The Canadian doses, while lower, are recommended two hours apart. Whichever plan you use, if nausea threatens, you should back off to a lower dose or stretch the time between doses. There are some diseases that need a continuous flow of ClO₂ in the blood stream in order to kill the pathogen. Examples would be prostate inflammation, colds, flu, and pneumonia. Also HIV, hepatitis, and TB. and parasites. Diseases that are quickly removed include malaria, warts, skin diseases, and diverticulitis, appendix inflammation, and others. See Jim's 19 protocols at <http://JimHumble.biz>.

The spacing between doses doesn't matter as long as nausea doesn't threaten. The goal is to maintain chlorine dioxide gas in the blood stream, adequate to encounter and "explode" bad growths and toxic pathogens. What prevents overdosing? Nausea and diarrhea indicate that your elimination process is momentarily overtaxed so naturally you'll reduce the dosage size or space them further apart unless you're in a crisis that requires quick results.

There's an interesting note from Jim Humble's book on this point. In Africa there were sometimes several hundred people with malaria or other parasite illnesses. People traveled great distances to stand in line at the clinics. Jim trained local people to administer the dosages although many people wanted the inventor himself to prepare the dosage. There were so many people that they didn't want them to come back repeatedly – the people needed immediate one-dose treatments so they could go home. Jim Humble therefore prepared 12 drop doses plus 60 drops of vinegar – and water - which tasted just awful. However, vinegar was readily available throughout Africa.

People drank it having been fore-warned that they might throw up in 20 or 30 minutes. Then they took a second dose again. Nearly all malaria patients were cured within two days and all within a week. The point is: it's hard to overdose even if no tolerance has been achieved. Some people are in a hurry to achieve healing and they'll drink almost anything if it will help. Dread of nausea is not always the important issue when killer diseases are threatening. Normally you should start with one or two drops.

Should I stock-up on MMS? Will it become scarce? Currently the Sodium Chlorite solution in your MMS bottle was relatively easy to produce. The bottles and packaging probably cost more than the chemical. Sodium Chlorite is a flaky pale yellow salt - seen on the bottle neck above.

You could get a one or five pound bag of the flaky chemical and store it in a cool dark place for years – even freeze it. You can get a 100 pound steel drum for less than \$300.00 (not recommended). It's possible that Sodium Chlorite could someday be reclassified by some governments as a salt that must be licensed or tracked. It could be taxed to make it very expensive. MMS is currently classed as a mineral salt and a food preservative. Also it's labeled as a water purifier which it does with excellence – used by children on camping trips to purify drinking water.

But, for internal use, MMS is “too cheap, too broad in its benefits, and too easy to administer,” so it might be wise to store a spare bottle or two in the refrigerator. In its 28% liquid solution (as shipped) it can't be stored in a freezer. It's a dissolved salt, so in a freezer the Sodium Chlorite would precipitate and lay in the bottle bottom. Flaky Sodium Chlorite – if you bought a one or five pound bag it could be frozen for years. One site is at <http://MiracleMineralSupplement.ca/products.htm>

Is there any other way to get MMS into my body? Yes Go to this address: <http://mms-articles.com/> Once there, scroll down to the article about MMS Tub water baths. This protocol puts your entire skin and scalp area in contact with the chlorine dioxide gas. Each bath takes 20 minutes. The amount of water in the tub is unimportant – add more and keep it hot during the 20 minute soak. With a cup pour the tub water on your scalp, shoulders, and all over. Note that this method introduces MMS into the skin and surface muscles while inducing almost no threat of nausea. Read more about it at the address above.

There are many types of Chelation Therapy available also. It's a standard treatment in the case of lead or mercury poisoning. The drip is a solution with EDTA in it, plus sometimes B vitamins are added. There are also weakened Hydrogen Peroxide drips designed to stimulate the immune system. You would request an MMS drip if you don't want to “take your medicine orally.” But, given the simplicity of mixing your own MMS solution and drinking it, you have a way to ingest Chlorine Dioxide at less than two cents per dose – with very little time invested.

There is also a protocol for taking MMS in enema form. See PROTOCOLS at <http://JimHumble.biz>

*** * * This is a Brief Tribute and Thank You to Jim Humble * * ***



← Jim Humble at a day clinic in Kampala Uganda.

Second from left below, Jim Humble meeting with officials to establish treatment centers. A humanitarian named Zahir Shaikh (yellow shirt) sponsored Mr. Humble to gain official permissions and begin free treatments for adults and children who had malaria, parasites, TB, and other ailments.



BALL -  - **WORLD MISSIONS**

EMATSAYI MISSION HEALTH CENTER
P.O. Box 1176, 50100 KAKAMEGA, KENYA Tel No: 0722-300301

February 11, 2004

Jim Humble
The Malaria Solution Foundation

Here I present to you my special observations during the Malaria Campaign using the Malaria Solution Formula.

1- The very 1st day of the introduction a very sick baby of 1 ½ years was brought complaining of convulsions from high fever with temperature of 104 F (40 C). Blood slide microscopic examination was positive of malaria with 4 pluses ++++ indicating very severe infection with malaria falciparum parasites.

After resertation the patient was given the malaria solution phase 1. After 4 hours the blood slide microscopic examination was done. The parasites were reduced to 2 pluses (++) . At that time phase 2 was given (5 drops of the malaria solution). The following day the blood slide was negative of malaria.

Note: No other antimalaria drug was given. No antibiotic was given. After two days the child was discharged. There had been no temperature above normal nor any other symptoms for 48 hours. The malaria had been cured by the Malaria Solution administration alone without the usual quinine for such serious cases.

2- A female patient aged 34 years had persistent fevers sever headaches in evenings, persistent nausea, loss of apatite, and loss of weight. Microscopic examination of blood revealed malaria falciparum parasites present. She had not responded to many antimalaria drugs including quinine injections. Malaria Solution phase 2 was given in two doses within 24 hours. By the third dose all signs and symptoms had reduced. After 5 days the patient was back to work eating well after two months of illness. A check of the blood slide showed negative.

3- Three sick children were administered Malaria Solution after the presence of symptoms of bronchial pneumonia for 2 days. After 6 hours the signs and symptoms had reduced. They stayed in the ward for 48 hours until the symptoms of pneumonia were completely gone. No other antibodies were administered.

4- I smeared the Malaria Solution to warts in the groin region of a male patient of 5 years. Within 5 days the warts were gone.

Examples of Sodium Chlorite and acid-activator are often packaged for external and internal body use. Such products have been available for over 50 years.

Check out

<http://frontierpharm.com/index.php>

Also do a search for "Vitamin O" and also "Stabilized Water."

